

# Reduces salt intake

[Healthy cruet for soy sauce]  
[Also works as a cruet for vinegar]



A cap is attached for keeping bugs and dust away that prevents drying too.  
Children and elderly people can use this easily because the projection at the top tells the amount being used.

Invented from an idea in an ordinary home!  
A completely new style of cruet that medical professionals welcome.

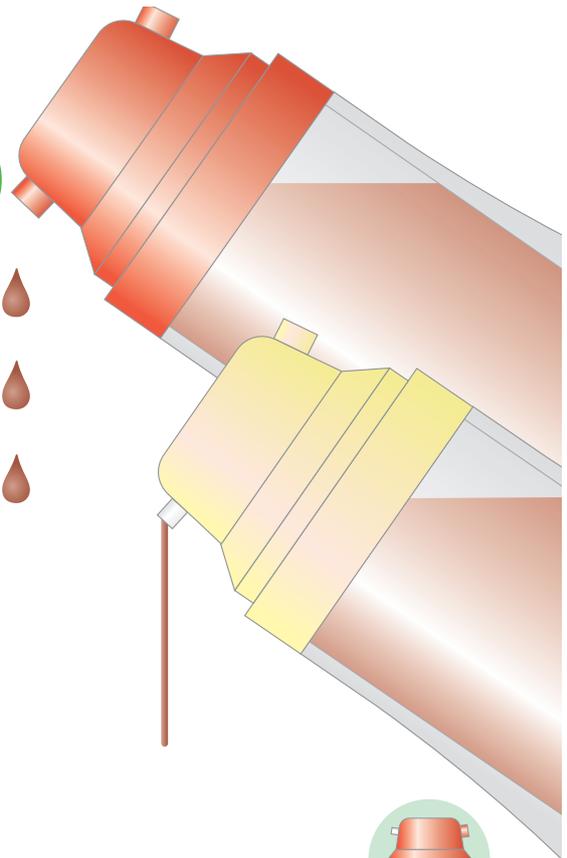
**Tilt, and you can pour drop by drop!**

You can choose from 2 different pouring openings

One drop is about **0.07cc** with 0.014g of salt.

Pouring comes to a complete stop!

There are **2 types** to choose from



**Pottan**  
ポットタン

Slowly...

● **[Pours drop by drop]**



● Smoothly...

● **[The drops flow]**

**Pottan $\alpha$**   
ポットタン・アルファ

Like a thread...

● **[Pours straight down]**



● Smoothly...

● **[The drops flow]**



Pottan comes in 4 different colors  
(The actual colors vary slightly from the colors shown here.)

Pottan  $\alpha$  comes in 3 different colors  
(The actual colors vary slightly from the colors shown here.)

We need to be careful about our salt intake to protect ourselves from lifestyle-related illnesses and high blood pressure. Proper salt intake is 6g or less per day, but the average in Japan is 12.9g daily. (※)

70 drops of soy sauce from Pottan are 1 teaspoonful (5 cc).

5 cc of soy sauce contains 1g of salt, which means 6g of salt intake is equivalent to 420 drops (140 drops per meal).

With Pottan we can reduce our salt intake systematically.

Also, Pottan works perfectly as a cruet for vinegar for those of us who want to control our vinegar as well.

A tablespoonful of vinegar a day prevents high blood pressure, diabetes, osteoporosis, and also decreases cholesterol.

(※) Data from the Soy Sauce Production Union in Niigata Prefecture (patent pending)

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Dimensions: 40 mm (width & depth) × 120 mm (height)  
with cap attached  
Capacity: 45 ml  
Material: AS resin (body), polystyrene (cap), silicon rubber (packing), and SUS304 (ball)

Jointly planned and developed by the Industry Support Division of Local Industry Promotion Center of Central Area in Niigata Prefecture (Nonprofit corporation)  
Product selected by the 2005 Dream, Skill and Creation Support Project of Niigata Industrial Creation Organization (Nonprofit corporation)  
Approved by Made in Niigata, the New Product Procurement System